

Collaborative Education Series

On-Demand: Carpal and Tarsal Injuries in Athletics

CME 'Enduring' Presentation

MaineGeneral YouTube

'On-Demand'- Enduring Presentation

Audience: Physicians, NP's,
and PA's

**Date: On-Demand
Enduring Presentation**

No Tuition

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CME certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on MGH Connect landing page under "What's Happening".

Program Date: September 11, 2024
Release as Enduring Date: September 18, 2024
Expiration Date: September 18, 2027

Presenters:
Elaine Balutis, MD
Brian Loring, DPM

MaineGeneral Orthopedics
MaineGeneral Orthopedics

Statement of Need:

- Injuries to the hands and feet are often more complicated than expected in the athletic population. An intricate network of ligaments, nerves, bones and other soft tissue can make diagnosis of these injuries difficult. Athletic Trainers and other healthcare professionals may have difficulties assessing these injuries and understanding the impact of a missed diagnosis or improper treatment that could affect patient's long-term health. This program will review important anatomy, improve diagnostic techniques by improving confidence and accuracy, as well as compare the treatment options available for various injuries.

- By participating in this program, the athletic trainer and other health care providers will be able to identify more specifically, the injuries that may occur within the tarsal or carpal bones of the ankle/foot and wrist/hand. This will help the athlete to better recover with early intervention and treatment. Further education for the practitioner of such injuries will allow the practitioner to manage these injuries by early and accurate identification of the injury, making the referral in a timely manner and increasing the possibility of favorable outcomes for the future use of the ankle/foot or wrist.

Objectives:

- Identify the anatomy of the hand and foot.
- Diagnose various bony, ligamentous, and other soft tissue injuries to the hand and foot.
- Explain surgical and conservative treatment options available for hand and foot injuries.

To view all our CME Enduring Programs:

SCAN



For Physicians (MD's, DO's, PA's, NP's)



Disclosure Statements:

Faculty: Dr. Elaine Balutis and Dr. Brian Loring have provided a signed disclosure indicating no financial interest in any commercial interest that affect the content of this program (kept on file in the Medical Education Coordinator Office MGMC).

Credits awarded:

CME's awarded: 2

The MaineGeneral Medical Center designates this enduring activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MaineGeneral Medical Center and Colby College. MaineGeneral Medical Center is accredited by the ACCME and the Maine Medical Association's Committee on Continuing Medical education to provide continuing medical education (CME) for physicians.

Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essentials and Standards of the Maine Medical Association Committee on Continuing Medical Education and Accreditation through the partnership of MaineGeneral Medical Center and Colby College Sports Medicine Department.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

MaineGeneral
Medical Center



Colby